

2013 Arcadia Invitational Multis - 4/4/2013 to 4/5/2013**Decathlon & Heptathlon****Arcadia High School****Results****Event 1 Boys Decathlon**

Name	Year School	Finals
Finals		
1 Williams, Harrison	Memphis Universi	7066
2 Bornstein, Zach	Oaks Christian	6967
3 Henshaw, Liam	Marist (Or)	6676
4 Hall, Connor	San Luis Obispo	6562
5 Honea, Ben	Marana (Az)	6291
6 Johnson, Timmy	Canby (Or)	6261
7 Snow, Scott	Carlsbad	6131
8 Beekman, Brad	Clovis	6054
9 Cranford, Alec	Dana Hills	6032
10 Kimmer, Jeremy	Canyon -cc	5952
11 brendel, tyler	Granite Bay	5842
12 Nicholls, Jason	Unattached	5664
13 Johnson, Matt	El Dorado	5654
14 Reid, Corey	Carson (Nv)	5607
15 Bilderbeck, Sam	Alamosa (Co)	5506
16 Mulligan, Brandon	La Salle	5474
17 BenBen, Ridge	Dana Hills	5463
18 Camarda, Joe	Whitney	5388
19 Toh, Chris	San Luis Obispo	5342
20 Koehn, Gavin	Santa Barbara	5245
21 Comoglio, Halden	Dana Hills	5031
22 Podraza, Danny	Scripps Ranch	5006
23 Mannino, Nick	Covina	4990
24 Sharpe, David	Casa Roble	4808
25 Smith, Dylan	San Luis Obispo	4401
26 Podraza, Zach	Scripps Ranch	4393

Event 1 Decathlon: #1 Boys 100 Meter Dash Decathlon

Name	Year School	Finals	Wind H#	Points
1 Camarda, Joe	Whitney	11.04	1.8 2	852
2 Williams, Harrison	Memphis Universi	11.15	1.3 3	827
3 Cranford, Alec	Dana Hills	11.26	1.8 2	804
4 Toh, Chris	San Luis Obispo	11.35	1.8 2	784
5 Bornstein, Zach	Oaks Christian	11.39	1.3 3	776
6 brendel, tyler	Granite Bay	11.41	-0.6 1	771
7 Koehn, Gavin	Santa Barbara	11.43	1.8 2	767
8 Johnson, Timmy	Canby (Or)	11.54	1.3 3	744
9 Honea, Ben	Marana (Az)	11.58	1.3 3	736
10 Hall, Connor	San Luis Obispo	11.61	1.3 3	730
11 Henshaw, Liam	Marist (Or)	11.63	1.3 3	725
12 Beekman, Brad	Clovis	11.63	1.8 2	725
13 Reid, Corey	Carson (Nv)	11.82	1.3 3	687
14 BenBen, Ridge	Dana Hills	11.84	1.8 2	683
15 Mannino, Nick	Covina	11.91	1.8 2	669



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16 Mulligan, Brandon	La Salle	11.92	-0.6	1	667
17 Sharpe, David	Casa Roble	12.07	-0.6	1	637
18 Bilderbeck, Sam	Alamosa (Co)	12.08	1.3	3	635
19 Moses, Kyle	San Juan Hills	12.10	1.8	2	631
20 Comoglio, Halden	Dana Hills	12.13	-0.6	1	626
21 Johnson, Matt	El Dorado	12.18	-0.6	1	616
22 Kimmer, Jeremy	Canyon -cc	12.27	-0.6	1	599
23 Podraza, Danny	Scripps Ranch	12.29	-0.6	1	595
24 Snow, Scott	Carlsbad	12.33	1.3	3	588
25 Nicholls, Jason	Unattached	12.54	-0.6	1	549
26 Smith, Dylan	San Luis Obispo	12.59	1.8	2	540
27 Podraza, Zach	Scripps Ranch	13.26	-0.6	1	425

Event 1 Decathlon: #2 Boys Long Jump Decathlon

Name	Year School	Finals	Wind	Points	
1 Henshaw, Liam	Marist (Or)	6.56m	+0.0	21-06.25	711
6.06m(+0.0) 6.22m(-1.0) 6.56m(+0.0)					
2 Williams, Harrison	Memphis Universi	6.54m	-0.8	21-05.50	707
6.43m(-1.3) 6.54m(-0.8) 5.90m(1.4)					
3 Mulligan, Brandon	La Salle	6.38m	2.4	20-11.25	670
5.91m(-1.1) 5.87m(-1.6) 6.38m(2.4)					
3 Toh, Chris	San Luis Obispo	6.38m	1.2	20-11.25	670
6.27m(+0.0) 6.38m(1.2) 6.23m(-0.3)					
5 Bornstein, Zach	Oaks Christian	6.35m	0.9	20-10.00	664
6.07m(+0.0) 6.22m(-0.1) 6.35m(0.9)					
6 Johnson, Timmy	Canby (Or)	6.28m	0.5	20-07.25	648
6.10m(-0.8) 6.15m(+0.0) 6.28m(0.5)					
7 Hall, Connor	San Luis Obispo	6.21m	1.8	20-04.50	632
5.85m(1.3) 6.21m(1.8) 6.15m(+0.0)					
8 Kimmer, Jeremy	Canyon -cc	6.18m	1.0	20-03.50	626
5.94m(1.2) 6.18m(1.0) 6.11m(1.0)					
9 Honea, Ben	Marana (Az)	6.16m	0.9	20-02.50	621
5.61m(-1.6) 5.98m(-0.8) 6.16m(0.9)					
10 Snow, Scott	Carlsbad	5.89m	1.3	19-04.00	563
5.66m(1.1) 5.89m(1.3) 5.79m(0.6)					
11 Bilderbeck, Sam	Alamosa (Co)	5.87m	0.7	19-03.25	559
5.54m(1.6) 5.87m(0.7) FOUL					
12 Nicholls, Jason	Unattached	5.80m	0.3	19-00.50	544
5.79m(0.3) 5.72m(1.3) 5.80m(0.3)					
13 Beekman, Brad	Clovis	5.73m	0.9	18-09.75	529
5.20m(-1.2) 5.41m(-1.3) 5.73m(0.9)					
14 brendel, tyler	Granite Bay	5.72m	+0.0	18-09.25	527
5.72m(+0.0) FOUL FOUL					
15 Camarda, Joe	Whitney	5.67m	1.4	18-07.25	516
5.38m(0.5) FOUL(1.1) 5.67m(1.4)					
15 Comoglio, Halden	Dana Hills	5.67m	0.4	18-07.25	516
5.67m(0.4) 5.51m(0.6) 5.30m(1.3)					

2013 Arcadia Invitational Multis - 4/4/2013 to 4/5/2013**Decathlon & Heptathlon****Arcadia High School****Results****....Event 1 Decathlon: #2 Boys Long Jump Decathlon**

17 Johnson, Matt	El Dorado	5.64m	0.4	18-06.00	510
5.64m(0.4) FOUL(0.1) FOUL(0.1)					
18 Reid, Corey	Carson (Nv)	5.59m	-1.6	18-04.25	500
5.45m(-1.1) 5.59m(-1.6) 5.36m(1.5)					
19 Podraza, Danny	Scripps Ranch	5.52m	1.2	18-01.50	485
5.52m(1.2) 5.07m(0.8) 5.13m(1.1)					
20 Cranford, Alec	Dana Hills	5.50m	1.6	18-00.50	481
5.16m(0.8) 5.50m(1.6) FOUL(0.2)					
20 Koehn, Gavin	Santa Barbara	5.50m	0.2	18-00.50	481
5.32m(+0.0) 5.37m(+0.0) 5.50m(0.2)					
20 BenBen, Ridge	Dana Hills	5.50m	0.9	18-00.50	481
5.26m(0.6) 5.33m(0.8) 5.50m(0.9)					
23 Moses, Kyle	San Juan Hills	5.24m	0.9	17-02.25	429
5.18m(1.0) 4.93m(0.1) 5.24m(0.9)					
23 Podraza, Zach	Scripps Ranch	5.24m	1.1	17-02.25	429
4.88m(0.9) 5.24m(1.1) 5.04m(0.9)					
25 Mannino, Nick	Covina	5.19m	+0.0	17-00.50	419
5.00m(-1.3) 5.19m(+0.0) 5.17m(0.5)					
26 Sharpe, David	Casa Roble	5.09m	1.0	16-08.50	400
5.09m(1.0) 4.74m(1.1) 4.52m(0.3)					
27 Smith, Dylan	San Luis Obispo	5.02m	0.7	16-05.75	386
5.02m(0.7) 4.65m(0.4) 4.66m(1.8)					

Event 1 Decathlon: #3 Boys Shot Put Decathlon

Name	Year School	Finals	Points
1 Bornstein, Zach	Oaks Christian	15.32m	50-03.25 809
14.27m 14.91m 15.32m			
2 Mulligan, Brandon	La Salle	14.14m	46-04.75 737
13.10m 14.14m 12.94m			
3 Williams, Harrison	Memphis Universi	13.30m	43-07.75 686
12.43m 13.06m 13.30m			
4 Beekman, Brad	Clovis	12.94m	42-05.50 664
FOUL FOUL 12.94m			
5 Henshaw, Liam	Marist (Or)	12.74m	41-09.75 651
12.24m 11.76m 12.74m			
6 Honea, Ben	Marana (Az)	12.53m	41-01.50 639
12.47m 12.53m 12.44m			
7 Cranford, Alec	Dana Hills	12.50m	41-00.25 637
12.47m 12.41m 12.50m			
8 Nicholls, Jason	Unattached	11.93m	39-01.75 602
11.93m 11.31m 11.19m			
9 Johnson, Timmy	Canby (Or)	11.88m	38-11.75 599
11.66m FOUL 11.88m			
10 Bilderbeck, Sam	Alamosa (Co)	11.57m	37-11.50 580
11.57m 11.34m 11.26m			
11 Koehn, Gavin	Santa Barbara	11.34m	37-02.50 566
10.86m 10.48m 11.34m			



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12	Snow, Scott	Carlsbad	11.23m	36-10.25	560
	11.23m 10.84m 10.38m				
13	brendel, tyler	Granite Bay	11.14m	36-06.75	554
	11.09m 11.14m 11.09m				
14	Sharpe, David	Casa Roble	10.96m	35-11.50	543
	10.96m FOUL 9.00m				
15	Hall, Connor	San Luis Obispo	10.91m	35-09.50	540
	9.98m 10.91m 10.27m				
16	Reid, Corey	Carson (Nv)	10.89m	35-08.75	539
	10.89m 10.59m 10.49m				
17	Kimmer, Jeremy	Canyon -cc	10.84m	35-06.75	536
	10.57m 10.84m 10.36m				
18	Smith, Dylan	San Luis Obispo	10.70m	35-01.25	528
	10.49m 9.44m 10.70m				
19	Moses, Kyle	San Juan Hills	10.62m	34-10.25	523
	10.17m 10.62m 9.80m				
20	Camarda, Joe	Whitney	10.19m	33-05.25	497
	9.80m 10.19m 10.13m				
21	BenBen, Ridge	Dana Hills	9.97m	32-08.50	484
	8.79m 9.95m 9.97m				
22	Podraza, Danny	Scripps Ranch	9.72m	31-10.75	469
	9.30m 9.72m 9.41m				
23	Mannino, Nick	Covina	9.58m	31-05.25	460
	FOUL 8.58m 9.58m				
24	Johnson, Matt	El Dorado	9.30m	30-06.25	444
	9.30m 8.57m 6.54m				
25	Comoglio, Halden	Dana Hills	9.20m	30-02.25	438
	8.78m 9.20m 8.31m				
26	Toh, Chris	San Luis Obispo	8.97m	29-05.25	424
	8.30m FOUL 8.97m				
27	Podraza, Zach	Scripps Ranch	8.37m	27-05.50	388
	8.37m 7.89m 8.15m				

Event 1 Decathlon: #4 Boys High Jump Decathlon

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Name	Year School								Finals	Points		
=====												
1	Kimmer, Jeremy	Canyon -cc								1.97m	6-05.50	776
	1.62 1.67 1.72 1.77 1.82 1.87 1.92 1.97 2.02											
	P P P O P XO XO XO XXX											
1	Reid, Corey	Carson (Nv)								1.97m	6-05.50	776
	1.62 1.67 1.72 1.77 1.82 1.87 1.92 1.97											
	P P O P O O O XXO											
3	Henshaw, Liam	Marist (Or)								1.92m	6-03.50	731
	1.62 1.67 1.72 1.77 1.82 1.87 1.92 1.97											
	P P P O O O O XXX											
3	Williams, Harrison	Memphis Universi								1.92m	6-03.50	731
	1.62 1.67 1.72 1.77 1.82 1.87 1.92 1.97											
	P P P P O O O XXX											



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THE LEADER FOR GOLDEN STATE XC / TRACK COVERAGE

2013 Arcadia Invitational Multis - 4/4/2013 to 4/5/2013**Decathlon & Heptathlon****Arcadia High School****Results****....Event 1 Decathlon: #4 Boys High Jump Decathlon**

5	Bilderbeck, Sam	Alamosa (Co)	1.82m	5-11.50	644
	1.62 1.67 1.72 1.77 1.82 1.87				
	O O O O XO XXX				
6	brendel, tyler	Granite Bay	1.77m	5-09.75	602
	1.22 1.37 1.42 1.47 1.52 1.57 1.62 1.67 1.72 1.77 1.82				
	P P P P P O XO O O O XXX				
6	Snow, Scott	Carlsbad	1.77m	5-09.75	602
	1.62 1.67 1.72 1.77 1.82				
	P O O XO XXX				
6	Hall, Connor	San Luis Obispo	1.77m	5-09.75	602
	1.22 1.37 1.42 1.47 1.52 1.57 1.62 1.67 1.72 1.77 1.82				
	P P O P O O O XO XXO XO XXX				
6	Bornstein, Zach	Oaks Christian	1.77m	5-09.75	602
	1.62 1.67 1.72 1.77 1.82				
	O O O O XXX				
6	Toh, Chris	San Luis Obispo	1.77m	5-09.75	602
	1.22 1.37 1.42 1.47 1.52 1.57 1.62 1.67 1.72 1.77 1.82				
	P P P P O O O O O XXO XXX				
11	Moses, Kyle	San Juan Hills	1.72m	5-07.75	560
	1.62 1.67 1.72 1.77				
	P XXO O XXX				
11	Camarda, Joe	Whitney	1.72m	5-07.75	560
	1.62 1.67 1.72 1.77				
	P O XO XXX				
11	Johnson, Timmy	Canby (Or)	1.72m	5-07.75	560
	1.62 1.67 1.72 1.77				
	XO O XXO XXX				
11	Comoglio, Halden	Dana Hills	1.72m	5-07.75	560
	1.22 1.37 1.42 1.47 1.52 1.57 1.62 1.67 1.72 1.77				
	P P P P O O XXO XO O XXX				
11	Johnson, Matt	El Dorado	1.72m	5-07.75	560
	1.62 1.67 1.72 1.77				
	O O O XXX				
11	Podraza, Danny	Scripps Ranch	1.72m	5-07.75	560
	1.62 1.67 1.72 1.77				
	P XO O XXX				
11	Honea, Ben	Marana (Az)	1.72m	5-07.75	560
	1.22 1.37 1.42 1.47 1.52 1.57 1.62 1.67 1.72 1.77				
	P P P P O O O O XXO XXX				
18	Nicholls, Jason	Unattached	1.67m	5-05.75	520
	1.22 1.37 1.42 1.47 1.52 1.57 1.62 1.67 1.72				
	P P P P O O O XO XXX				
18	Podraza, Zach	Scripps Ranch	1.67m	5-05.75	520
	1.22 1.37 1.42 1.47 1.52 1.57 1.62 1.67 1.72				
	P P P P O O O O XXX				
18	BenBen, Ridge	Dana Hills	1.67m	5-05.75	520
	1.62 1.67 1.72				
	O O XXX				

2013 Arcadia Invitational Multis - 4/4/2013 to 4/5/2013**Decathlon & Heptathlon****Arcadia High School****Results****....Event 1 Decathlon: #4 Boys High Jump Decathlon**

21	Beekman, Brad	Clovis	1.62m	5-03.75	480
	1.22 1.37 1.42 1.47 1.52 1.57 1.62 1.67				
	P P P P O O O XXX				
21	Cranford, Alec	Dana Hills	1.62m	5-03.75	480
	1.22 1.37 1.42 1.47 1.52 1.57 1.62 1.67				
	P P P P O O O XXX				
23	Mulligan, Brandon	La Salle	1.57m	5-01.75	441
	1.22 1.37 1.42 1.47 1.52 1.57 1.62				
	P P P XO O O XXX				
24	Mannino, Nick	Covina	1.52m	4-11.75	404
	1.22 1.37 1.42 1.47 1.52 1.57				
	P P O P O XXX				
24	Koehn, Gavin	Santa Barbara	1.52m	4-11.75	404
	1.22 1.37 1.42 1.47 1.52 1.57				
	O O P O XO XXX				
26	Smith, Dylan	San Luis Obispo	1.47m	4-09.75	367
	1.22 1.37 1.42 1.47 1.52				
	P O O XO XXX				
27	Sharpe, David	Casa Roble	1.37m	4-06.00	297
	1.22 1.37				
	O XO				

Event 1 Decathlon: #5 Boys 400 Meter Dash Decathlon

Name	Year	School	Finals	H#	Points
1 Williams, Harrison		Memphis Universi	50.10	3	810
2 Bornstein, Zach		Oaks Christian	50.71	3	782
3 Hall, Connor		San Luis Obispo	50.75	3	780
4 Cranford, Alec		Dana Hills	50.86	3	775
5 Reid, Corey		Carson (Nv)	51.02	2	768
6 brendel, tyler		Granite Bay	51.12	2	764
7 Johnson, Matt		El Dorado	51.54	1	745
8 Toh, Chris		San Luis Obispo	51.87	2	730
9 Camarda, Joe		Whitney	52.22	2	715
10 Koehn, Gavin		Santa Barbara	52.27	2	713
11 Snow, Scott		Carlsbad	52.45	3	705
12 BenBen, Ridge		Dana Hills	52.82	1	689
13 Johnson, Timmy		Canby (Or)	52.94	3	684
14 Honea, Ben		Marana (Az)	52.97	3	683
15 Sharpe, David		Casa Roble	53.22	1	672
16 Henshaw, Liam		Marist (Or)	53.50	3	660
17 Kimmer, Jeremy		Canyon -cc	54.30	2	627
18 Mannino, Nick		Covina	54.69	1	611
19 Moses, Kyle		San Juan Hills	55.05	1	597
20 Beekman, Brad		Clovis	55.22	2	590
21 Podraza, Danny		Scripps Ranch	55.70	1	571
22 Comoglio, Halden		Dana Hills	55.78	1	568
23 Bilderbeck, Sam		Alamosa (Co)	55.99	2	560

2013 Arcadia Invitational Multis - 4/4/2013 to 4/5/2013**Decathlon & Heptathlon****Arcadia High School****Results****....Event 1 Decathlon: #5 Boys 400 Meter Dash Decathlon**

24 Nicholls, Jason	Unattached	57.12	2	516
25 Mulligan, Brandon	La Salle	58.66	3	460
26 Smith, Dylan	San Luis Obispo	59.62	1	426
27 Podraza, Zach	Scripps Ranch	59.84	1	419

Event 1 Decathlon: #6 Boys 110 Meter Hurdles Decathlon

Name	Year School	Finals	Wind	H#	Points
1 Bornstein, Zach	Oaks Christian	15.45	-0.8	3	796
2 Williams, Harrison	Memphis Universi	15.48	-0.8	3	792
3 Henshaw, Liam	Marist (Or)	15.68	-0.8	3	769
4 Hall, Connor	San Luis Obispo	15.74	-0.8	3	762
5 Mulligan, Brandon	La Salle	15.78	-0.8	2	758
6 Camarda, Joe	Whitney	15.97	-0.8	2	736
7 brendel, tyler	Granite Bay	16.43	-0.8	2	685
8 Johnson, Timmy	Canby (Or)	16.43	-0.8	3	685
9 Bilderbeck, Sam	Alamosa (Co)	16.52	-0.8	2	675
10 Snow, Scott	Carlsbad	16.53	-0.8	3	674
11 Podraza, Danny	Scripps Ranch	16.63	-0.9	1	663
12 Honea, Ben	Marana (Az)	16.64	-0.8	3	662
13 Sharpe, David	Casa Roble	16.95	-0.9	1	629
14 Johnson, Matt	El Dorado	17.04	-0.8	2	620
15 Beekman, Brad	Clovis	17.05	-0.8	2	619
16 Kimmer, Jeremy	Canyon -cc	17.10	-0.8	2	614
17 Reid, Corey	Carson (Nv)	17.12	-0.8	3	612
18 Toh, Chris	San Luis Obispo	17.23	-0.8	3	600
19 BenBen, Ridge	Dana Hills	17.76	-0.9	1	547
20 Nicholls, Jason	Unattached	17.79	-0.9	1	544
21 Mannino, Nick	Covina	17.82	-0.9	1	542
22 Comoglio, Halden	Dana Hills	18.58	-0.9	1	470
23 Podraza, Zach	Scripps Ranch	19.03	-0.9	1	430
24 Smith, Dylan	San Luis Obispo	20.02	-0.9	1	348
25 Cranford, Alec	Dana Hills	20.05	-0.8	2	345
26 Koehn, Gavin	Santa Barbara	20.29	-0.8	2	327
27 Moses, Kyle	San Juan Hills	20.98	-0.9	1	276

Event 1 Decathlon: #7 Boys Discus Throw Decathlon

Name	Year School	Finals	Points
1 Cranford, Alec 46.39m 46.72m 46.38m	Dana Hills	46.72m	153-03 802
2 Mulligan, Brandon FOUL 44.98m 44.54m	La Salle	44.98m	147-07 766
3 Hall, Connor 40.42m 43.32m 44.45m	San Luis Obispo	44.45m	145-10 756
4 Nicholls, Jason 43.96m FOUL 41.66m	Unattached	43.96m	144-03 745



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2013 Arcadia Invitational Multis - 4/4/2013 to 4/5/2013**Decathlon & Heptathlon****Arcadia High School****Results****....Event 1 Decathlon: #7 Boys Discus Throw Decathlon**

5	Bornstein, Zach	Oaks Christian	43.32m	142-01	732
	FOUL 43.32m 41.10m				
6	Beekman, Brad	Clovis	41.78m	137-01	701
	41.78m FOUL FOUL				
7	Honea, Ben	Marana (Az)	40.91m	134-03	683
	36.98m 38.27m 40.91m				
8	Snow, Scott	Carlsbad	38.70m	127-00	638
	36.22m 36.29m 38.70m				
9	Henshaw, Liam	Marist (Or)	38.14m	125-01	627
	38.14m 30.70m 35.36m				
10	Johnson, Timmy	Canby (Or)	36.41m	119-05	592
	35.42m 33.04m 36.41m				
11	Koehn, Gavin	Santa Barbara	35.68m	117-01	577
	35.68m FOUL 32.75m				
12	Smith, Dylan	San Luis Obispo	34.73m	113-11	558
	FOUL 31.19m 34.73m				
13	Williams, Harrison	Memphis Universi	32.58m	106-11	515
	32.57m 32.58m FOUL				
14	Bilderbeck, Sam	Alamosa (Co)	32.45m	106-05	513
	30.56m 31.98m 32.45m				
15	BenBen, Ridge	Dana Hills	32.13m	105-05	507
	FOUL 28.25m 32.13m				
16	Sharpe, David	Casa Roble	32.01m	105-00	504
	32.01m FOUL 29.36m				
17	Kimmer, Jeremy	Canyon -cc	31.36m	102-11	491
	31.36m 31.16m 29.01m				
18	Mannino, Nick	Covina	31.27m	102-07	489
	31.27m 18.88m FOUL				
19	Reid, Corey	Carson (Nv)	31.05m	101-10	485
	30.28m FOUL 31.05m				
20	brendel, tyler	Granite Bay	29.12m	95-06	447
	FOUL 29.12m 26.56m				
21	Podraza, Zach	Scripps Ranch	27.86m	91-05	423
	27.86m 26.72m 24.43m				
22	Podraza, Danny	Scripps Ranch	27.83m	91-04	422
	27.78m 27.83m 27.82m				
23	Comoglio, Halden	Dana Hills	26.64m	87-05	399
	26.64m FOUL 25.67m				
24	Johnson, Matt	El Dorado	26.18m	85-11	390
	24.60m 26.18m 25.68m				
25	Camarda, Joe	Whitney	26.00m	85-04	386
	22.67m 26.00m FOUL				
26	Toh, Chris	San Luis Obispo	19.38m	63-07	260
	19.38m 17.40m FOUL				

2013 Arcadia Invitational Multis - 4/4/2013 to 4/5/2013

Decathlon & Heptathlon

Arcadia High School

Results

Event 1 Decathlon: #8 Boys Pole Vault Decathlon

Name	Year	School	Finals										Points								
1 Williams, Harrison		Memphis Universi	4.83m	15-10.00	859																
			3.18	3.33	3.48	3.63	3.78	3.93	4.08	4.23	4.38	4.53	4.68	4.83	4.98						
			P	P	P	P	P	P	P	O	O	O	O	XXO	XXX						
2 Henshaw, Liam		Marist (Or)	4.53m	14-10.25	769																
			3.18	3.33	3.48	3.63	3.78	3.93	4.08	4.23	4.38	4.53	4.68								
			P	P	P	O	P	XO	O	XO	XXO	O	XXX								
2 Hall, Connor		San Luis Obispo	4.53m	14-10.25	769																
			3.18	3.33	3.48	3.63	3.78	3.93	4.08	4.23	4.38	4.53	4.68								
			XXO	P	P	P	P	P	P	O	O	XXO	XXX								
2 Beekman, Brad		Clovis	4.53m	14-10.25	769																
			3.18	3.33	3.48	3.63	3.78	3.93	4.08	4.23	4.38	4.53	4.68								
			P	P	P	P	P	P	O	XO	O	XXO	XXX								
5 Kimmer, Jeremy		Canyon -cc	4.23m	13-10.50	682																
			3.18	3.33	3.48	3.63	3.78	3.93	4.08	4.23	4.38										
			P	P	P	O	O	XO	O	XO	XXX										
5 Johnson, Matt		El Dorado	4.23m	13-10.50	682																
			3.18	3.33	3.48	3.63	3.78	3.93	4.08	4.23	4.38										
			P	P	P	O	XO	XXO	XXO	XXO	XXX										
7 Johnson, Timmy		Canby (Or)	4.08m	13-04.50	640																
			3.18	3.33	3.48	3.63	3.78	3.93	4.08	4.23											
			P	O	P	O	O	O	XO	XXX											
7 Nicholls, Jason		Unattached	4.08m	13-04.50	640																
			3.18	3.33	3.48	3.63	3.78	3.93	4.08	4.23											
			P	P	P	O	O	O	O	XXX											
9 Bornstein, Zach		Oaks Christian	3.93m	12-10.75	598																
			3.18	3.33	3.48	3.63	3.78	3.93	4.08												
			P	P	O	P	XXO	O	XXX												
9 Comoglio, Halden		Dana Hills	3.93m	12-10.75	598																
			3.18	3.33	3.48	3.63	3.78	3.93	4.08												
			P	P	P	P	O	XO	XXX												
11 Snow, Scott		Carlsbad	3.78m	12-04.75	557																
			3.18	3.33	3.48	3.63	3.78	3.93													
			O	O	O	XO	XXO	XXX													
11 Honea, Ben		Marana (Az)	3.78m	12-04.75	557																
			2.13	2.28	2.43	2.58	2.73	2.88	3.03	3.18	3.33	3.48	3.63	3.78	3.93						
			P	P	P	P	O	O	O	XO	XO	XO	XXO	O	XXX						
11 Bilderbeck, Sam		Alamosa (Co)	3.78m	12-04.75	557																
			3.18	3.33	3.48	3.63	3.78	3.93													
			O	O	O	P	O	XXX													
11 Cranford, Alec		Dana Hills	3.78m	12-04.75	557																
			2.13	2.28	2.43	2.58	2.73	2.88	3.03	3.18	3.33	3.48	3.63	3.78	3.93						
			P	P	P	P	P	P	P	O	O	O	O	XXO	XXX						
15 brendel, tyler		Granite Bay	3.63m	11-10.75	517																
			2.13	2.28	2.43	2.58	2.73	2.88	3.03	3.18	3.33	3.48	3.63	3.78							
			P	P	P	P	P	P	O	XO	O	O	XXO	XXX							

2013 Arcadia Invitational Multis - 4/4/2013 to 4/5/2013**Decathlon & Heptathlon****Arcadia High School****Results****....Event 1 Decathlon: #8 Boys Pole Vault Decathlon**

16	Koehn, Gavin										Santa Barbara	3.33m	10-11.00	439
		2.13	2.28	2.43	2.58	2.73	2.88	3.03	3.18	3.33	3.48			
		P	P	P	XO	O	XO	XXO	XO	XO	XXX			
17	Podraza, Danny										Scripps Ranch	3.18m	10-05.25	401
		2.13	2.28	2.43	2.58	2.73	2.88	3.03	3.18	3.33				
		P	P	P	O	XO	O	O	XO	XXX				
17	Smith, Dylan										San Luis Obispo	3.18m	10-05.25	401
		2.13	2.28	2.43	2.58	2.73	2.88	3.03	3.18	3.33				
		P	P	P	P	P	P	O	O	XXX				
17	Podraza, Zach										Scripps Ranch	3.18m	10-05.25	401
		2.13	2.28	2.43	2.58	2.73	2.88	3.03	3.18	3.33				
		O	P	P	O	XO	O	XO	O	XXX				
20	BenBen, Ridge										Dana Hills	3.03m	9-11.25	364
		2.13	2.28	2.43	2.58	2.73	2.88	3.03	3.18					
		P	P	O	O	XO	XO	XO	XXX					
21	Mannino, Nick										Covina	2.88m	9-05.25	328
		2.13	2.28	2.43	2.58	2.73	2.88	3.03						
		P	P	P	O	O	O	XXX						
22	Sharpe, David										Casa Roble	2.73m	8-11.50	293
		2.13	2.28	2.43	2.58	2.73	2.88	3.03						
		P	P	O	P	XO	P	XXP						
22	Toh, Chris										San Luis Obispo	2.73m	8-11.50	293
		2.13	2.28	2.43	2.58	2.73	2.88							
		P	O	XO	O	O	XXX							
24	Camarda, Joe										Whitney	2.58m	8-05.50	259
		2.13	2.28	2.43	2.58	2.73								
		P	P	O	O	XXX								
25	Mulligan, Brandon										La Salle	2.43m	7-11.50	227
		2.13	2.28	2.43	2.58									
		O	O	XO	XXX									
--	Reid, Corey										Carson (Nv)	NH		
		2.13	2.28	2.43	2.58	2.73	2.88	3.03						
		P	P	P	P	P	P	XXX						

Event 1 Decathlon: #9 Boys Javelin Throw Decathlon

Name	Year	School	Finals	Points
1 Cranford, Alec		Dana Hills	48.76m	160-00 570
			48.76m 44.51m FOUL	
2 Honea, Ben		Marana (Az)	47.61m	156-02 553
			46.08m 47.09m 47.61m	
3 BenBen, Ridge		Dana Hills	46.79m	153-06 541
			41.45m 41.05m 46.79m	
4 Bornstein, Zach		Oaks Christian	45.93m	150-08 529
			36.54m 45.93m 42.86m	
5 Johnson, Timmy		Canby (Or)	45.49m	149-03 522
			45.49m 43.85m 45.39m	

2013 Arcadia Invitational Multis - 4/4/2013 to 4/5/2013**Decathlon & Heptathlon****Arcadia High School****Results****....Event 1 Decathlon: #9 Boys Javelin Throw Decathlon**

6	Williams, Harrison	Memphis Universi	44.17m	144-11	503
	42.70m 42.59m 44.17m				
7	Henshaw, Liam	Marist (Or)	43.28m	142-00	490
	43.28m 40.43m 38.90m				
8	Snow, Scott	Carlsbad	42.54m	139-07	479
	41.81m 40.30m 42.54m				
9	Mulligan, Brandon	La Salle	42.52m	139-06	479
	FOUL FOUL 42.52m				
10	Mannino, Nick	Covina	41.75m	137-00	468
	41.14m FOUL 41.75m				
11	Beekman, Brad	Clovis	41.56m	136-04	465
	36.43m 37.98m 41.56m				
12	Podraza, Zach	Scripps Ranch	41.31m	135-06	461
	41.18m 39.78m 41.31m				
13	Smith, Dylan	San Luis Obispo	41.09m	134-10	458
	39.61m 41.09m FOUL				
14	Reid, Corey	Carson (Nv)	39.86m	130-09	440
	36.54m 39.21m 39.86m				
15	Podraza, Danny	Scripps Ranch	38.93m	127-09	427
	34.51m 38.57m 38.93m				
16	Camarda, Joe	Whitney	38.15m	125-02	415
	38.15m 36.62m 31.98m				
17	Comoglio, Halden	Dana Hills	37.99m	124-08	413
	34.91m 32.94m 37.99m				
18	Nicholls, Jason	Unattached	36.60m	120-01	393
	FOUL FOUL 36.60m				
19	Koehn, Gavin	Santa Barbara	36.47m	119-08	391
	36.47m 29.85m 33.69m				
20	brendel, tyler	Granite Bay	35.35m	116-00	375
	FOUL 35.35m FOUL				
21	Kimmer, Jeremy	Canyon -cc	35.27m	115-08	374
	29.99m 35.27m 33.74m				
22	Johnson, Matt	El Dorado	35.26m	115-08	374
	33.94m 30.93m 35.26m				
23	Toh, Chris	San Luis Obispo	35.03m	114-11	371
	35.03m 32.81m FOUL				
24	Hall, Connor	San Luis Obispo	33.28m	109-02	346
	29.67m 29.54m 33.28m				
25	Bilderbeck, Sam	Alamosa (Co)	33.13m	108-08	343
	FOUL FOUL 33.13m				
26	Sharpe, David	Casa Roble	26.86m	88-01	255
	FOUL 26.86m 26.01m				

Event 1 Decathlon: #10 Boys 1500 Meter Run Decathlon

Name	Year School	Finals	H#	Points
1 Reid, Corey	Carson (Nv)	4:21.63	1	800
	2:56.964 (2:56.964) 4:21.621 (1:24.657)			



PREPCALTRACK
THE LEADER FOR GOLDEN STATE XC / TRACK COVERAGE

2013 Arcadia Invitational Multis - 4/4/2013 to 4/5/2013**Decathlon & Heptathlon****Arcadia High School****Results****....Event 1 Decathlon: #10 Boys 1500 Meter Run Decathlon**

2	Snow, Scott	Carlsbad	4:26.93	2	765
	2:55.397 (2:55.397)	4:26.922 (1:31.525)			
3	Johnson, Matt	El Dorado	4:34.88	1	713
	3:04.091 (3:04.091)	4:34.871 (1:30.781)			
4	Bornstein, Zach	Oaks Christian	4:40.17	2	679
	3:09.224 (3:09.224)	4:40.161 (1:30.937)			
5	BenBen, Ridge	Dana Hills	4:45.39	1	647
	3:12.486 (3:12.486)	4:45.383 (1:32.898)			
6	Hall, Connor	San Luis Obispo	4:45.67	2	645
	3:15.669 (3:15.669)	4:45.661 (1:29.992)			
7	Williams, Harrison	Memphis Universi	4:47.10	2	636
	3:11.667 (3:11.667)	4:47.091 (1:35.425)			
8	Kimmer, Jeremy	Canyon -cc	4:48.57	2	627
	3:16.213 (3:16.213)	4:48.569 (1:32.356)			
9	Nicholls, Jason	Unattached	4:51.32	1	611
	3:15.544 (3:15.544)	4:51.316 (1:35.772)			
10	Toh, Chris	San Luis Obispo	4:51.82	1	608
	3:18.690 (3:18.690)	4:51.818 (1:33.129)			
11	brendel, tyler	Granite Bay	4:53.09	2	600
	3:19.989 (3:19.989)	4:53.089 (1:33.101)			
12	Mannino, Nick	Covina	4:53.12	1	600
	3:17.623 (3:17.623)	4:53.111 (1:35.489)			
13	Honea, Ben	Marana (Az)	4:53.56	2	597
	3:16.779 (3:16.779)	4:53.557 (1:36.778)			
14	Johnson, Timmy	Canby (Or)	4:55.27	2	587
	3:17.236 (3:17.236)	4:55.269 (1:38.034)			
15	Cranford, Alec	Dana Hills	4:56.40	2	581
	3:15.454 (3:15.454)	4:56.392 (1:40.939)			
16	Koehn, Gavin	Santa Barbara	4:56.46	1	580
	3:17.974 (3:17.974)	4:56.452 (1:38.479)			
17	Sharpe, David	Casa Roble	4:56.88	1	578
	3:18.314 (3:18.314)	4:56.876 (1:38.562)			
18	Henshaw, Liam	Marist (Or)	5:02.96	2	543
	3:19.869 (3:19.869)	5:02.955 (1:43.086)			
19	Beekman, Brad	Clovis	5:08.41	2	512
	3:27.420 (3:27.420)	5:08.407 (1:40.988)			
20	Podraza, Zach	Scripps Ranch	5:11.19	1	497
	3:19.891 (3:19.891)	5:11.186 (1:51.296)			
21	Camarda, Joe	Whitney	5:19.56	1	452
	3:32.011 (3:32.011)	5:19.559 (1:47.549)			
22	Comoglio, Halden	Dana Hills	5:21.43	1	443
	3:33.079 (3:33.079)	5:21.421 (1:48.343)			
23	Bilderbeck, Sam	Alamosa (Co)	5:21.87	2	440
	3:31.747 (3:31.747)	5:21.865 (1:50.118)			
24	Podraza, Danny	Scripps Ranch	5:27.21	1	413
	3:28.752 (3:28.752)	5:27.201 (1:58.450)			
25	Smith, Dylan	San Luis Obispo	5:32.20	1	389
	3:35.389 (3:35.389)	5:32.195 (1:56.807)			

2013 Arcadia Invitational Multis - 4/4/2013 to 4/5/2013**Decathlon & Heptathlon****Arcadia High School****Results****....Event 1 Decathlon: #10 Boys 1500 Meter Run Decathlon**

26 Mulligan, Brandon La Salle 5:58.77 2 269
 3:52.066 (3:52.066) 5:58.766 (2:06.700)

Event 2 Girls Heptathlon

Name	Year	School	Finals
1 Gustafson, Kendall		Palisades	5217
2 Moore, Ashlee		Hamilton (Az)	4979
3 Neal, Maya		Neuqua Valley (Il)	4650
4 Lopes, Lyndsey		Clovis West	4453
5 McCluskey, Lauren		Pullman (Wa)	4328
6 Vandenberg, Kylee		San Juan Hills	4303
7 Herman, Kylie		Ventura	4198
8 Barker, Brenna		Dana Hills	4168
9 Burns, Shaina		Lakeville South	4130
10 Harper, Kelsey		San Luis Obispo	4004
11 Dalley, Alex		San Luis Obispo	3958
12 Haggerstarand, Kilee		Marana (Az)	3910
13 Culhane, Asha		Oaks Christian	3710
14 Thompson, Alyssa		Unattached	3706
15 McGarity, Mally		Marana (Az)	3589
16 Standel, Whitney		El Dorado	3586
17 Martindale, Kelli		Santa Barbara	3584
18 Singleton, Starlynn		Murrieta Mesa	3546
19 Becker, Ariel		San Luis Obispo	3501
20 Devaney, CeCe		San Luis Obispo	3357
21 Smith, Delaney		Nevada Union	3229
22 McNown, Jelena		Murrieta Valley	3079
23 Willey, Elizabeth		San Luis Obispo	2899
24 Feshbach, Natasha		Santa Barbara	2609

Event 2 Heptathlon: #1 Girls 100 Meter Hurdles Heptathlon

Name	Year	School	Finals	Wind	H#	Points
1 Moore, Ashlee		Hamilton (Az)	14.14	1.6	3	959
2 Gustafson, Kendall		Palisades	14.74	1.6	3	876
3 Neal, Maya		Neuqua Valley (Il)	14.87	2.6	1	859
4 Lopes, Lyndsey		Clovis West	15.13	1.6	3	825
5 McCluskey, Lauren		Pullman (Wa)	15.31	1.6	3	801
6 Barker, Brenna		Dana Hills	15.64	1.6	3	759
7 McGarity, Mally		Marana (Az)	15.74	0.9	2	746
8 Burns, Shaina		Lakeville South	15.75	1.6	3	745
9 Herman, Kylie		Ventura	15.76	2.6	1	744
10 Dalley, Alex		San Luis Obispo	16.04	2.6	1	709
11 Harper, Kelsey		San Luis Obispo	16.18	2.6	1	692
12 McNown, Jelena		Murrieta Valley	16.25	0.9	2	684
13 Vandenberg, Kylee		San Juan Hills	16.53	2.6	1	651

2013 Arcadia Invitational Multis - 4/4/2013 to 4/5/2013**Decathlon & Heptathlon****Arcadia High School****Results****....Event 2 Heptathlon: #1 Girls 100 Meter Hurdles Heptathlon**

14	Singleton, Starlynn	Murrieta Mesa	16.55	2.6	1	648
15	Martindale, Kelli	Santa Barbara	16.79	0.9	2	620
16	Haggerstarand, Kilee	Marana (Az)	16.80	1.6	3	619
17	Standel, Whitney	El Dorado	17.52	1.6	3	539
18	Becker, Ariel	San Luis Obispo	17.58	0.9	2	533
19	Smith, Delaney	Nevada Union	18.53	0.9	2	435
20	Willey, Elizabeth	San Luis Obispo	19.04	2.6	1	387
21	Devaney, CeCe	San Luis Obispo	19.63	2.6	1	334
22	Culhane, Asha	Oaks Christian	19.64	0.9	2	333
--	Feshbach, Natasha	Santa Barbara	DQ	0.9	2	Pushed hurdle down
--	Thompson, Alyssa	Unattached	DQ	1.6	3	Pushed hurdle down

Event 2 Heptathlon: #2 Girls High Jump Heptathlon

Name	Year	School	Finals	Points						
1 Gustafson, Kendall		Palisades	1.72m	5-07.75 879						
	1.32	1.37	1.42	1.47	1.52	1.57	1.62	1.67	1.72	1.77
	P	P	P	P	O	XO	XO	O	O	XX
1 Lopes, Lyndsey		Clovis West	1.72m	5-07.75 879						
	1.32	1.37	1.42	1.47	1.52	1.57	1.62	1.67	1.72	1.77
	P	P	P	P	P	XO	O	O	XO	XXX
3 Barker, Brenna		Dana Hills	1.67m	5-05.75 818						
	1.32	1.37	1.42	1.47	1.52	1.57	1.62	1.67	1.72	
	P	P	P	O	O	O	O	XXO	XXX	
4 Moore, Ashlee		Hamilton (Az)	1.62m	5-03.75 759						
	1.32	1.37	1.42	1.47	1.52	1.57	1.62	1.67		
	P	P	P	P	P	P	O	XXX		
4 McCluskey, Lauren		Pullman (Wa)	1.62m	5-03.75 759						
	1.32	1.37	1.42	1.47	1.52	1.57	1.62	1.67		
	P	P	P	O	O	O	XO	XXX		
6 Standel, Whitney		El Dorado	1.57m	5-01.75 701						
	1.22	1.27	1.32	1.37	1.42	1.47	1.52	1.57	1.62	
	P	P	O	O	O	O	O	XO	XXX	
7 Burns, Shaina		Lakeville South	1.52m	4-11.75 644						
	1.32	1.37	1.42	1.47	1.52	1.57				
	P	P	O	O	XXO	XXX				
7 Thompson, Alyssa		Unattached	1.52m	4-11.75 644						
	1.32	1.37	1.42	1.47	1.52	1.57				
	P	P	XO	XO	XO	XXX				
9 Smith, Delaney		Nevada Union	1.47m	4-09.75 588						
	1.32	1.37	1.42	1.47	1.52					
	P	P	O	O	XXX					
9 McGarity, Mally		Marana (Az)	1.47m	4-09.75 588						
	1.32	1.37	1.42	1.47	1.52					
	P	XO	O	XXO	XXX					
9 Dalley, Alex		San Luis Obispo	1.47m	4-09.75 588						
	1.22	1.27	1.32	1.37	1.42	1.47	1.52			
	P	P	XO	O	O	O	XXX			

2013 Arcadia Invitational Multis - 4/4/2013 to 4/5/2013**Decathlon & Heptathlon****Arcadia High School****Results****....Event 2 Heptathlon: #2 Girls High Jump Heptathlon**

9	Neal, Maya	Neuqua Valley (Il)	1.47m	4-09.75	588
	1.32 1.37 1.42 1.47 1.52				
	O O O XO XXX				
9	Herman, Kylie	Ventura	1.47m	4-09.75	588
	1.22 1.27 1.32 1.37 1.42 1.47 1.52				
	P P O O O O XXX				
9	Devaney, CeCe	San Luis Obispo	1.47m	4-09.75	588
	1.22 1.27 1.32 1.37 1.42 1.47 1.52				
	O O O O O XO XXX				
15	McNown, Jelena	Murrieta Valley	1.42m	4-07.75	534
	1.32 1.37 1.42 1.47				
	P O O XXX				
15	Singleton, Starlynn	Murrieta Mesa	1.42m	4-07.75	534
	1.32 1.37 1.42 1.47				
	P XO XO XXX				
15	Culhane, Asha	Oaks Christian	1.42m	4-07.75	534
	1.22 1.27 1.32 1.37 1.42 1.47				
	P P O O XXO XXX				
15	Harper, Kelsey	San Luis Obispo	1.42m	4-07.75	534
	1.22 1.27 1.32 1.37 1.42 1.47				
	O O O O XO XXX				
19	Haggerstarand, Kilee	Marana (Az)	1.37m	4-06.00	481
	1.22 1.27 1.32 1.37 1.42				
	O XO XO XXO XXX				
19	Becker, Ariel	San Luis Obispo	1.37m	4-06.00	481
	1.22 1.27 1.32 1.37 1.42				
	XO O O XO XXX				
19	Vandenberg, Kylee	San Juan Hills	1.37m	4-06.00	481
	1.22 1.27 1.32 1.37 1.42				
	P P O O XXX				
22	Feshbach, Natasha	Santa Barbara	1.32m	4-04.00	429
	1.22 1.27 1.32 1.37				
	P P O XXX				
22	Martindale, Kelli	Santa Barbara	1.32m	4-04.00	429
	1.22 1.27 1.32 1.37				
	P P XXO XXX				
22	Willey, Elizabeth	San Luis Obispo	1.32m	4-04.00	429
	1.22 1.27 1.32 1.37				
	O O O XXX				

Event 2 Heptathlon: #3 Girls Shot Put Heptathlon

Name	Year School	Finals	Points
1 Gustafson, Kendall	Palisades	11.67m	38-03.50 639
		11.67m 11.15m 11.62m	
2 Martindale, Kelli	Santa Barbara	10.81m	35-05.75 583
		10.60m 10.02m 10.81m	



PREPCALTRACK
THE LEADER FOR GOLDEN STATE XC / TRACK COVERAGE

2013 Arcadia Invitational Multis - 4/4/2013 to 4/5/2013**Decathlon & Heptathlon****Arcadia High School****Results****....Event 2 Heptathlon: #3 Girls Shot Put Heptathlon**

3	Burns, Shaina	Lakeville South	10.12m	33-02.50	537
	10.12m 9.54m 9.21m				
4	Moore, Ashlee	Hamilton (Az)	9.79m	32-01.50	516
	9.79m 9.58m 9.70m				
5	Herman, Kylie	Ventura	9.70m	31-10.00	510
	9.50m 9.39m 9.70m				
6	McCluskey, Lauren	Pullman (Wa)	9.69m	31-09.50	509
	9.24m 9.44m 9.69m				
7	Haggerstarand, Kilee	Marana (Az)	9.63m	31-07.25	505
	9.33m 8.75m 9.63m				
8	Vandenberg, Kylee	San Juan Hills	9.56m	31-04.50	501
	9.21m 8.76m 9.56m				
9	Dalley, Alex	San Luis Obispo	9.23m	30-03.50	479
	8.91m 8.87m 9.23m				
10	Neal, Maya	Neuqua Valley (Il)	9.16m	30-00.75	475
	8.82m 8.26m 9.16m				
11	Culhane, Asha	Oaks Christian	8.97m	29-05.25	462
	8.87m 8.71m 8.97m				
12	Lopes, Lyndsey	Clovis West	8.96m	29-04.75	462
	8.96m 8.73m 8.64m				
13	Thompson, Alyssa	Unattached	8.71m	28-07.00	445
	8.20m 8.71m 8.71m				
14	Harper, Kelsey	San Luis Obispo	8.70m	28-06.50	445
	8.18m 8.37m 8.70m				
15	Devaney, CeCe	San Luis Obispo	8.58m	28-01.75	437
	7.21m 8.58m 8.36m				
16	Standel, Whitney	El Dorado	8.29m	27-02.50	418
	7.93m 7.73m 8.29m				
17	Singleton, Starlynn	Murrieta Mesa	7.90m	25-11.00	393
	7.90m 7.29m 7.53m				
18	Smith, Delaney	Nevada Union	7.82m	25-08.00	388
	7.22m 7.47m 7.82m				
19	Becker, Ariel	San Luis Obispo	7.70m	25-03.25	380
	7.70m 7.00m 6.47m				
20	McGarity, Mally	Marana (Az)	7.39m	24-03.00	360
	6.18m 6.99m 7.39m				
21	McNown, Jelena	Murrieta Valley	7.15m	23-05.50	345
	7.15m FOUL 6.41m				
22	Barker, Brenna	Dana Hills	7.00m	22-11.75	335
	5.82m 6.62m 7.00m				
23	Feshbach, Natasha	Santa Barbara	6.87m	22-06.50	327
	6.63m 6.87m 5.98m				
24	Willey, Elizabeth	San Luis Obispo	6.34m	20-09.75	293
	6.34m 6.17m 6.24m				



PREPCALTRACK
THE LEADER FOR GOLDEN STATE XC / TRACK COVERAGE

2013 Arcadia Invitational Multis - 4/4/2013 to 4/5/2013**Decathlon & Heptathlon****Arcadia High School****Results****Event 2 Heptathlon: #4 Girls 200 Meter Dash Heptathlon**

Name	Year School	Finals	Wind	H#	Points
1 Neal, Maya	Neuqua Valley (Il)	25.24	-0.1	3	865
2 Thompson, Alyssa	Unattached	25.26	-2.4	1	863
3 Moore, Ashlee	Hamilton (Az)	25.41	-0.1	3	850
4 Gustafson, Kendall	Palisades	26.02	-0.1	3	795
5 Vandenberg, Kylee	San Juan Hills	26.50	-0.1	3	754
6 Lopes, Lyndsey	Clovis West	26.53	-0.1	3	751
7 Singleton, Starlynn	Murrieta Mesa	26.63	-0.1	3	743
8 Culhane, Asha	Oaks Christian	26.72	-1.5	2	735
9 Haggerstarand, Kilee	Marana (Az)	26.74	-2.4	1	734
10 Becker, Ariel	San Luis Obispo	27.29	-1.5	2	688
11 Dalley, Alex	San Luis Obispo	27.33	-0.1	3	685
12 Barker, Brenna	Dana Hills	27.35	-0.1	3	683
13 McCluskey, Lauren	Pullman (Wa)	27.38	-0.1	3	681
14 Burns, Shaina	Lakeville South	27.61	-1.5	2	662
15 Feshbach, Natasha	Santa Barbara	27.69	-2.4	1	655
16 Harper, Kelsey	San Luis Obispo	27.96	-1.5	2	634
17 Herman, Kylie	Ventura	27.97	-1.5	2	633
18 McNown, Jelena	Murrieta Valley	28.14	-2.4	1	620
19 Willey, Elizabeth	San Luis Obispo	28.51	-2.4	1	591
20 Standel, Whitney	El Dorado	28.57	-1.5	2	587
21 Martindale, Kelli	Santa Barbara	28.66	-2.4	1	580
22 McGarity, Mally	Marana (Az)	28.81	-1.5	2	568
23 Smith, Delaney	Nevada Union	28.89	-1.5	2	562
24 Devaney, CeCe	San Luis Obispo	29.26	-1.5	2	535

Event 2 Heptathlon: #5 Girls Long Jump Heptathlon

Name	Year School	Finals	Wind	Points	
1 Gustafson, Kendall	Palisades	5.45m	+0.0	17-10.75	686
		5.42m(+0.0) 5.45m(+0.0) 5.41m(0.2)			
2 Neal, Maya	Neuqua Valley (Il)	5.43m	+0.0	17-09.75	680
		5.43m(+0.0) 5.37m(-0.3) 5.38m(-0.8)			
3 Thompson, Alyssa	Unattached	5.42m	0.3	17-09.50	677
		5.30m(1.2) 5.22m(0.1) 5.42m(0.3)			
4 Herman, Kylie	Ventura	5.30m	+0.0	17-04.75	643
		FOUL(1.1) 5.13m(+0.0) 5.30m(+0.0)			
5 Moore, Ashlee	Hamilton (Az)	5.25m	0.7	17-02.75	628
		FOUL(1.4) FOUL(-0.7) 5.25m(0.7)			
6 Barker, Brenna	Dana Hills	5.17m	0.9	16-11.50	606
		5.11m(0.5) 5.17m(0.9) 5.14m(-1.3)			
7 Culhane, Asha	Oaks Christian	5.11m	0.8	16-09.25	589
		5.08m(0.6) 5.11m(0.8) 4.73m(0.8)			
8 McNown, Jelena	Murrieta Valley	5.10m	0.6	16-08.75	587
		5.10m(0.6) 4.92m(0.6) 4.64m(0.4)			
9 Harper, Kelsey	San Luis Obispo	5.07m	1.6	16-07.75	578
		5.07m(1.6) 4.96m(+0.0) 4.79m(0.5)			



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THE LEADER FOR GOLDEN STATE XC / TRACK COVERAGE

2013 Arcadia Invitational Multis - 4/4/2013 to 4/5/2013**Decathlon & Heptathlon****Arcadia High School****Results****....Event 2 Heptathlon: #5 Girls Long Jump Heptathlon**

10	Singleton, Starlynn	Murrieta Mesa	4.92m	0.4	16-01.75	538
	4.92m(0.4) 4.88m(-0.7) FOUL(+0.0)					
11	Dalley, Alex	San Luis Obispo	4.91m	0.9	16-01.50	535
	4.91m(0.9) 4.82m(0.3) 4.89m(-0.5)					
11	Becker, Ariel	San Luis Obispo	4.91m	+0.0	16-01.50	535
	FOUL(0.8) 4.74m(0.3) 4.91m(+0.0)					
13	Haggerstarand, Kilee	Marana (Az)	4.84m	+0.0	15-10.50	516
	4.84m(+0.0) 4.47m(1.1) FOUL(+0.0)					
14	Burns, Shaina	Lakeville South	4.81m	+0.0	15-09.50	508
	4.81m(+0.0) 4.66m(1.1) FOUL(-0.5)					
15	McCluskey, Lauren	Pullman (Wa)	4.77m	0.3	15-07.75	498
	4.58m(0.4) 4.77m(0.3) 4.52m(0.3)					
16	Martindale, Kelli	Santa Barbara	4.73m	0.3	15-06.25	487
	4.68m(1.4) 4.73m(0.3) 4.48m(-0.4)					
17	Vandenberg, Kylee	San Juan Hills	4.65m	0.4	15-03.25	466
	4.65m(0.4) 4.45m(0.2) 4.63m(0.1)					
18	Devaney, CeCe	San Luis Obispo	4.60m	0.2	15-01.25	454
	FOUL(0.5) 4.60m(0.2) FOUL(0.4)					
19	Feshbach, Natasha	Santa Barbara	4.57m	0.9	15-00.00	446
	FOUL(+0.0) 4.49m(0.1) 4.57m(0.9)					
20	Lopes, Lyndsey	Clovis West	4.55m	+0.0	14-11.25	441
	4.33m(0.5) 4.55m(+0.0) 4.47m(-0.7)					
21	McGarity, Mally	Marana (Az)	4.52m	0.6	14-10.00	433
	4.17m(0.2) 4.37m(0.2) 4.52m(0.6)					
22	Standel, Whitney	El Dorado	4.42m	-0.1	14-06.00	408
	4.40m(1.6) 4.40m(-0.2) 4.42m(-0.1)					
23	Willey, Elizabeth	San Luis Obispo	4.37m	1.4	14-04.00	396
	4.16m(0.5) 4.37m(1.4) 4.25m(0.7)					
24	Smith, Delaney	Nevada Union	4.29m	0.4	14-01.00	376
	3.98m(0.5) 4.29m(0.4) 3.89m(+0.0)					

Event 2 Heptathlon: #6 Girls Javelin Throw Heptathlon

Name	Year School	Finals	Points
1 Gustafson, Kendall	Palisades	40.09m	131-06 669
	36.93m 40.09m 37.96m		
2 Vandenberg, Kylee	San Juan Hills	37.20m	122-00 614
	34.80m 32.27m 37.20m		
2 Moore, Ashlee	Hamilton (Az)	37.20m	122-00 614
	FOUL 26.23m 37.20m		
4 Herman, Kylie	Ventura	33.01m	108-04 534
	31.86m FOUL 33.01m		
5 Neal, Maya	Neuqua Valley (Il)	29.62m	97-02 469
	29.62m 28.45m 27.33m		
6 Devaney, CeCe	San Luis Obispo	29.59m	97-01 469
	26.48m 26.04m 29.59m		
7 Haggerstarand, Kilee	Marana (Az)	29.06m	95-04 459
	24.82m 29.06m 24.91m		



PREPCALTRACK
THE LEADER FOR GOLDEN STATE XC / TRACK COVERAGE

2013 Arcadia Invitational Multis - 4/4/2013 to 4/5/2013**Decathlon & Heptathlon****Arcadia High School****Results****....Event 2 Heptathlon: #6 Girls Javelin Throw Heptathlon**

8	McGarity, Mally	Marana (Az)	28.74m	94-03	453
	26.80m 24.96m 28.74m				
9	Burns, Shaina	Lakeville South	26.75m	87-09	415
	26.75m 26.00m 21.10m				
10	Becker, Ariel	San Luis Obispo	26.21m	86-00	405
	25.01m 24.70m 26.21m				
11	Harper, Kelsey	San Luis Obispo	26.14m	85-09	404
	FOUL 26.14m 23.83m				
12	Lopes, Lyndsey	Clovis West	25.61m	84-00	394
	25.61m 19.60m 23.31m				
13	Martindale, Kelli	Santa Barbara	25.24m	82-10	387
	25.24m 14.67m 17.26m				
14	Dalley, Alex	San Luis Obispo	25.07m	82-03	384
	19.03m 25.07m 24.77m				
15	Culhane, Asha	Oaks Christian	23.61m	77-05	356
	23.61m 22.86m 23.15m				
16	Thompson, Alyssa	Unattached	23.46m	77-00	353
	20.61m 23.46m 22.93m				
17	McCluskey, Lauren	Pullman (Wa)	23.27m	76-04	350
	21.77m 23.27m 22.04m				
18	Barker, Brenna	Dana Hills	23.24m	76-03	349
	17.52m FOUL 23.24m				
19	Smith, Delaney	Nevada Union	22.79m	74-09	341
	22.79m 22.17m 20.82m				
20	Standel, Whitney	El Dorado	20.16m	66-02	292
	18.65m 19.01m 20.16m				
21	Willey, Elizabeth	San Luis Obispo	18.86m	61-10	268
	17.53m 18.86m 18.27m				
22	Singleton, Starlynn	Murrieta Mesa	18.16m	59-07	255
	17.19m 18.16m 17.30m				
23	Feshbach, Natasha	Santa Barbara	17.29m	56-09	239
	17.29m 16.54m 14.51m				
24	McNown, Jelena	Murrieta Valley	17.08m	56-00	235
	12.89m 16.44m 17.08m				

Event 2 Heptathlon: #7 Girls 800 Meter Run Heptathlon

Name	Year	School	Finals	H#	Points
1 Vandenberg, Kylee		San Juan Hills	2:19.05	2	836
	1:07.445 (1:07.445)	2:19.044 (1:11.599)			
2 McCluskey, Lauren		Pullman (Wa)	2:27.05	2	730
	1:04.054 (1:04.054)	2:27.044 (1:22.990)			
3 Thompson, Alyssa		Unattached	2:27.57	1	724
	1:11.287 (1:11.287)	2:27.566 (1:16.279)			
4 Harper, Kelsey		San Luis Obispo	2:28.13	2	717
	1:10.470 (1:10.470)	2:28.129 (1:17.660)			
5 Neal, Maya		Neuqua Valley (Il)	2:28.34	2	714
	1:11.600 (1:11.600)	2:28.336 (1:16.736)			



PREPCALTRACK
THE LEADER FOR GOLDEN STATE XC / TRACK COVERAGE

2013 Arcadia Invitational Multis - 4/4/2013 to 4/5/2013**Decathlon & Heptathlon****Arcadia High School****Results****....Event 2 Heptathlon: #7 Girls 800 Meter Run Heptathlon**

6	Culhane, Asha	Oaks Christian	2:29.32	1	701
	1:13.308 (1:13.308)	2:29.316 (1:16.008)			
7	Lopes, Lyndsey	Clovis West	2:29.34	2	701
	1:06.507 (1:06.507)	2:29.332 (1:22.826)			
8	Gustafson, Kendall	Palisades	2:31.62	2	673
	1:11.744 (1:11.744)	2:31.615 (1:19.871)			
9	Moore, Ashlee	Hamilton (Az)	2:33.22	2	653
	1:11.415 (1:11.415)	2:33.220 (1:21.805)			
10	Standel, Whitney	El Dorado	2:34.18	1	641
	1:12.509 (1:12.509)	2:34.177 (1:21.668)			
11	Burns, Shaina	Lakeville South	2:36.07	2	619
	1:11.712 (1:11.712)	2:36.069 (1:24.357)			
12	Barker, Brenna	Dana Hills	2:36.10	2	618
	1:14.280 (1:14.280)	2:36.097 (1:21.817)			
13	Haggerstarand, Kilee	Marana (Az)	2:37.96	2	596
	1:14.895 (1:14.895)	2:37.958 (1:23.063)			
14	Dalley, Alex	San Luis Obispo	2:39.53	2	578
	1:15.281 (1:15.281)	2:39.522 (1:24.241)			
15	Herman, Kylie	Ventura	2:42.39	2	546
	1:15.526 (1:15.526)	2:42.381 (1:26.855)			
16	Devaney, CeCe	San Luis Obispo	2:42.92	1	540
	1:19.430 (1:19.430)	2:42.918 (1:23.488)			
17	Smith, Delaney	Nevada Union	2:43.01	1	539
	1:18.729 (1:18.729)	2:43.003 (1:24.274)			
18	Willey, Elizabeth	San Luis Obispo	2:43.35	1	535
	1:18.293 (1:18.293)	2:43.349 (1:25.057)			
19	Feshbach, Natasha	Santa Barbara	2:45.37	1	513
	1:19.723 (1:19.723)	2:45.369 (1:25.646)			
20	Martindale, Kelli	Santa Barbara	2:46.73	1	498
	1:18.887 (1:18.887)	2:46.723 (1:27.836)			
21	Becker, Ariel	San Luis Obispo	2:48.53	1	479
	1:14.078 (1:14.078)	2:48.522 (1:34.445)			
22	McGarity, Mally	Marana (Az)	2:52.22	2	441
	1:16.459 (1:16.459)	2:52.211 (1:35.752)			
23	Singleton, Starlynn	Murrieta Mesa	2:52.82	1	435
	1:18.984 (1:18.984)	2:52.814 (1:33.830)			
24	McNown, Jelena	Murrieta Valley	3:42.33	1	74
	1:21.594 (1:21.594)	3:42.328 (2:20.734)			

Event 3 Boys Decathlon INT.

Name	Year	School	Finals
1 Bornstein, Zach		Oaks Christian	6893
2 Hall, Connor		San Luis Obispo	6273
3 Smith, Dylan		San Luis Obispo	4179



PREPCALTRACK
THE LEADER FOR GOLDEN STATE XC / TRACK COVERAGE

2013 Arcadia Invitational Multis - 4/4/2013 to 4/5/2013**Decathlon & Heptathlon****Arcadia High School****Results****Event 3 Decathlon: #1 Boys 100 Meter Dash Intl Decathlon**

Name	Year School	Finals	Wind	Points
1 Bornstein, Zach	Oaks Christian	11.39	1.3	776
2 Hall, Connor	San Luis Obispo	11.61	1.3	730
3 Smith, Dylan	San Luis Obispo	12.59	1.3	540

Event 3 Decathlon: #2 Boys Long Jump Intl Decathlon

Name	Year School	Finals	Wind	Points
1 Bornstein, Zach	Oaks Christian	6.35m	NWI	20-10.00 664
2 Hall, Connor	San Luis Obispo	6.21m	NWI	20-04.50 632
3 Smith, Dylan	San Luis Obispo	5.02m	NWI	16-05.75 386

Event 3 Decathlon: #3 Boys Shot Put Intl Decathlon

Name	Year School	Finals	Points
1 Bornstein, Zach FOUL 13.95m 15.19m	Oaks Christian	15.19m	49-10.00 801
2 Hall, Connor 10.17m x x	San Luis Obispo	10.17m	33-04.50 496
3 Smith, Dylan 9.37m	San Luis Obispo	9.37m	30-09.00 448

Event 3 Decathlon: #4 Boys High Jump Intl Decathlon

Name	Year School	Finals	Points
1 Hall, Connor 1.22 1.37 1.42 1.47 1.52 1.57 1.62 1.67 1.72 1.77 1.82 P P O P O O O XO XXO XO XXX	San Luis Obispo	1.77m	5-09.75 602
1 Bornstein, Zach 1.22 1.37 1.42 1.47 1.52 1.57 1.62 1.67 1.72 1.77 1.82 P P P P P P O O O O XXX	Oaks Christian	1.77m	5-09.75 602
3 Smith, Dylan 1.22 1.37 1.42 1.47 1.52 P O O XO XXX	San Luis Obispo	1.47m	4-09.75 367

Event 3 Decathlon: #5 Boys 400 Meter Dash Intl Decathlon

Name	Year School	Finals	Points
1 Bornstein, Zach	Oaks Christian	50.71	782
2 Hall, Connor	San Luis Obispo	50.75	780
3 Smith, Dylan	San Luis Obispo	59.62	426



PREPCALTRACK
THE LEADER FOR GOLDEN STATE XC / TRACK COVERAGE

2013 Arcadia Invitational Multis - 4/4/2013 to 4/5/2013**Decathlon & Heptathlon****Arcadia High School****Results****Event 3 Decathlon: #6 Boys 110 Meter Hurdles Intl Decathlon**

Name	Year School	Finals	Wind	Points
1 Bornstein, Zach	Oaks Christian	15.45	NWI	796
2 Hall, Connor	San Luis Obispo	15.74	NWI	762
3 Smith, Dylan	San Luis Obispo	20.02	NWI	348

Event 3 Decathlon: #7 Boys Discus Throw Intl Decathlon

Name	Year School	Finals	Points
1 Bornstein, Zach 39.50m 40.09m FOUL	Oaks Christian	40.09m	131-06 666
2 Hall, Connor 32.35m PASS PASS	San Luis Obispo	32.35m	106-02 511
3 Smith, Dylan 27.50m PASS PASS	San Luis Obispo	27.50m	90-03 416

Event 3 Decathlon: #8 Boys Pole Vault Intl Decathlon

Name	Year School	Finals	Points
1 Hall, Connor 3.03 3.18 3.33 3.48 3.63 3.78 3.93 4.08 4.23 4.38 4.53 4.68 P P P P P P P O O XXO XXX	San Luis Obispo	4.53m	14-10.25 769
2 Bornstein, Zach 3.03 3.18 3.33 3.48 3.63 3.78 3.93 4.08 P P P O P XXO O XXX	Oaks Christian	3.93m	12-10.75 598
3 Smith, Dylan 3.03 3.18 3.33 O O XXX	San Luis Obispo	3.18m	10-05.25 401

Event 3 Decathlon: #9 Boys Javelin Throw Intl Decathlon

Name	Year School	Finals	Points
1 Bornstein, Zach 36.54m 45.93m 42.86m	Oaks Christian	45.93m	150-08 529
2 Smith, Dylan 39.61m 41.09m FOUL	San Luis Obispo	41.09m	134-10 458
3 Hall, Connor 29.67m 29.54m 33.28m	San Luis Obispo	33.28m	109-02 346

Event 3 Decathlon: #10 Boys 1500 Meter Run Intl Decathlon

Name	Year School	Finals	Points
1 Bornstein, Zach	Oaks Christian	4:40.17	679
2 Hall, Connor	San Luis Obispo	4:45.67	645
3 Smith, Dylan	San Luis Obispo	5:32.20	389

